

STATE OF MISSOURI
DEPARTMENT OF MENTAL HEALTH
DIVISION OF COMPREHENSIVE PSYCHIATRIC SERVICES
ST. LOUIS FORENSIC TREATMENT CENTER, SOUTH
5300 ARSENAL STREET
ST. LOUIS, MISSOURI 63139

TO:

Sean Rupp

RECIPIENT'S NAME:

(314) 621-7189

RECIPIENT'S FAX NUMBER:

TOTAL NUMBER OF PAGES

INCLUDING
COVER:

9

RE: Dawn Dziuba
MESSAGE:

FROM:

Health Information Management
Services

SENDER'S NAME:

Heidi Newton

SENDER'S FAX NUMBER:

314-877-5825

SENDER'S PHONE NUMBER:

(314) 766-8620

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State of Missouri
Department of Mental Health
Individual Treatment and Rehabilitation Plan
 Facility: St Louis Psychiatric Rehabilitation Center
 Patient: Dziuba, Dawn A (1324653629, 07/02/1977, Ward F-F94-1) Birth Date: 07/02/1977 Age: 44

Physician: Alexander Fox Date of Admission: 10/12/2016
 DMH ID: 896800 Account: 1324653629
 Living Unit: Ward F-F94-1

Author: Mitchell, Jim Title: _____ Discipline: _____
 Electronically Signed by: Skelly, Mariah MT Date: 04/04/2022 Time: 10:49
 To be Co-signed by: _____ Date: _____ Time: _____
 Electronically Co-signed by: _____ Date: _____ Time: _____

Event Date: _____ Time: _____
 Created Date: 06/25/2018 Time: 13:47
 Save as Final Date: 04/04/2022 Time: 10:49 Created eForm Date: 04/04/2022 Time: 10:45

Program: CPS State Op Adult Inpatient - New Outlook

Reason for Admission / Continued Stay:

Reason for Admission: Transfer from Metropolitan Psychiatric Center for continued care due to PIST finding.
 Reason for Continuation of Hospitalization: Ms. Dziuba's charges were dismissed without prejudice on 12/01/2017. Ms. Dziuba's commitment status therefore changed to Voluntary by Guardian. From the perspective of safety, Ms. Dziuba has met not criteria for discharge as she continues to make threatening statements and aggressive gestures towards staff, and states the belief that she is justified in doing so. Furthermore, Ms. Dziuba has not discussed potential discharge placements with her social worker. This prevents the team from pursuing discharge at this time.

*Ms. Dziuba feels that she has met the requirements for discharge and would like to be placed in her fathers home immediately.

Criteria for Discharge / Estimated Length of Stay:

Criteria for Discharge: Ms. Dziuba will refrain from all acts of aggression towards staff, peers, and self for at least 90 days. Ms. Dziuba will refrain from all threats of physical harm, direct or implicit, to individuals, groups, or self for at least 90 days. Ms. Dziuba will continue to attend to all basic self-care, including hygiene, meals, and whatever medical care to which she consents for at least 90 days. Ms. Dziuba will refrain from contacting individuals who have requested no contact for at least 90 days. Ms. Dziuba will identify a verifiable discharge placement option and inform guardian and treatment team who to contact to verify placement option. Ms. Dziuba will identify what treatment she is willing to accept (e.g. individual therapy) and collaborate with guardian to give treatment team consent to coordinate treatment.

*Ms. Dziuba feels that she has met all of these requirements. Ms. Dziuba stated that she will only comply with constitutional law and not DMH

requirements. Ms. Dziuba states that she is meeting constitutional law requirements.

Forensic and Financial Privileges:

Ms. Dziuba is cashless as she resides on a minimum security unit.

Support Systems:

Jill Hanley Guardian (limited) 314-622-4394

PARTICIPATION

Patient Participation: Yes No

Family/Caregiver Participation: Yes No NA

Other Participants: Bevirt, Constance RD, LD

Deputy Guardian in attendance

Linneman, Rachel LPC

Kern, Sara A. LCSW

Skelly, Mariah MT

Taylor, Amy MD

Greenlee, John RN

Edokpolo, Osamede

OVERALL LONG TERM GOAL

Ms. Dziuba reports desire to own a law firm. Ms. Dziuba would also like to hold Jill Hanley and Michelle Hoff accountable for fraud. (03/09/2022)

Initial Date: 10/12/2016 Time: 14:07
 Master Date: 10/20/2016 Time: 14:07
 Last Review Date: Time:

OUTCOMES (Intermediate Goals)

Outcomes	Assets	Obstacles	Resources	Identified Date	Status	Rev/Res Date	RS
Ms. Dziuba has stated multiple times she wants to be discharged.	Ms. Dziuba has a law degree and familiarity with the court system. Ms. Dziuba is intelligent and has the ability to advocate for herself. Some of Ms. Dziuba's requests are supported by the treatment team, facility policy, and client rights.	Ms. Dziuba feels she has no obstacles	Court appointed guardian, MO Patient Protection & Advocacy	12/14/2017	Active	06/01/2022	<input type="checkbox"/>

Ms. Dziuba wants to maintain her physical fitness with the intention of working toward running a marathon.	Ms. Dziuba expresses self-motivation. Ms. Dziuba states she is already in good shape. Ms. Dziuba states she has experience in training others to run marathons and has run up to 22 miles herself.	Ms. Dziuba feels she has no obstacles	Dietitian, access to medical professionals, access to on-ward fitness equipment	10/20/2016	Active	06/01/2022	<input type="checkbox"/>
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Ms. Dziuba would like to work a Phase III job outside of the facility.	Ms. Dziuba has a law degree and experience working in the community, including in law firms.	Ms. Dziuba feels she has no obstacles	CWP	10/29/2019	Deferred	06/01/2022	<input type="checkbox"/>
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Client will cope with overall	Ms. Dziuba is good at	Ms. Dziuba feels she has no	Reading, TV, exercise and art	04/08/2020	Deferred	06/01/2022	<input type="checkbox"/>
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Dziuba, Dawn A (1324653629, 07/02/1977, Ward F-F94-1)

mental health challenges keeping herself busy with obstacles
 owing to limitations in limitations in socialization
 movement and and movement.
 socialization associated
 with pandemic related
 precautions.

Status of Objectives

Outcome: Ms. Dziuba has stated multiple times she wants to be discharged.

Objective	Intervention	Services	Starting Date	Freq	Person(s) Responsible	Status	Rev/Res Date	RS
Ms. Dziuba will refrain from contacting individuals who have requested no contact during the next 90 days.	Phone monitoring will gradually be lifted with administrative approval to provide opportunity for client to self-manage restriction.	Risk Management	12/17/2017	As needed	M. Lindsey, LMSW	Deferred	06/01/2022	<input type="checkbox"/>
Ms. Dziuba will not threaten the physical safety of staff members and peers, and will communicate in a non-threatening manner for the next 90 days. *Ms. Dziuba disagrees with this goal	Staff members will intervene as necessary and within facility protocol to prevent physical harm to the client and others.	Other Emotions Management	10/20/2016	As needed	J. Greenlee, RN R. Linneman, LPC	Deferred	06/01/2022	<input type="checkbox"/>

Ms. Dziuba will discuss discharge placement options with her social worker during the next 90	Social worker will be available to meet weekly with Ms. Dziuba to discuss client concerns, treatment options, discharge criteria, and	Case Management	10/05/2017	Weekly	M. Lindsey, LMSW	Deferred	06/01/2022	<input type="checkbox"/>
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days. discharge options.

Ms. Dziuba will meet regularly with clinical staff to discuss symptoms, benefits of medication, and other forms of treatment during the next 90 days.	Social worker meet with client to offer case management and to discuss various aspects of illness and treatment options.	Case Management	10/05/2017	Weekly	M. Lindsey,	Active	06/01/2022	<input type="checkbox"/>
					LMSW			

Ms. Dziuba will meet regularly with clinical staff to discuss symptoms, benefits of medication, and other forms of treatment during the next 90 days.	Ms. Dziuba will meet with the PMHNP monthly to discuss any concerns about medications or treatment.	Pharmacotherap	10/05/2017	Monthly	A. Fox,	Active	06/01/2022	<input type="checkbox"/>
					PMHNP			

Outcome: Ms. Dziuba wants to maintain her physical fitness with the intention of working toward running a marathon.

Objective	Intervention	Services	Starting Date	Freq	Person(s) Responsible	Status	Rev/Res Date	RS
Ms. Dziuba plans to attend all opportunities for exercise.	Rehabilitation Services staff will provide appropriate and accessible exercise materials (e.g. yoga mat, steps).	Exercise	10/20/2016	As needed	M. Skelly, MT-BC	Active	06/01/2022	<input type="checkbox"/>

Ms. Dziuba will help manage her nutrition-related medical problems (Dyslipidemia, Constipation, and Amenorrhea) by regularly engaging in the following activities:	Dietitian will educate/counsel client about her diagnoses, instruct on activities to practice that will aid in the treatment of these conditions, monitor client's progress/compliance to objective, and assess for the presence of any changes in client's nutrition status to intervene as	General Wellness	12/15/2021	Every 3 months	C. Bevirt, RD, LD	Active	06/01/2022	<input type="checkbox"/>
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Exercising, stress management techniques, maintaining a healthy weight, being medication compliant, eating all SLFTC meals provided to attain a nutritious & balanced diet, choosing healthier options at the canteen, and drinking plenty of water/fluids on a daily basis.

Ms. Dziuba will attend weekly Dietary Group at least two times per month.	Dietitian will offer weekly Dietary Group to increase nutrition-related knowledge and provide education on how to improve overall wellness through applied health behaviors.	General Wellness	12/15/2021	2x monthly	C. Bevirt, RD, LD	Active	06/01/2022	<input type="checkbox"/>
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Outcome: Client will cope with overall mental health challenges owing to limitations in movement and socialization associated with pandemic related precautions.

Objective	Intervention	Services	Starting Date	Freq	Person(s) Responsible	Status	Rev/Res Date	RS
Client will engage with staff to discuss mental health concerns and work toward resolving difficulties as they arise.	General mental health topics in small group and/or individual settings to assist client in processing challenges and acquiring skills for coping with the increased stress coinciding with reduced movement and socialization. Please note frequency may be impacted by staffing shortages caused by pandemic. Notes will be completed weekly.	General Wellness	04/08/2020	Daily	S. Kern, LCSW M. Skelly, MT-BC	Deferred	06/01/2022	<input type="checkbox"/>

State of Missouri
Treatment Plan (04/04/2022 10:49)

Client will engage in activities promoting responsible socialization during the period of limited movement and socialization.	A variety of recreational activities will be offered in small group and/or individual setting to support exercise and intellectual stimulation during the pandemic. The team will strive to provide three staff led activities daily in addition to providing materials for independent use. Please note frequency may be impacted by staffing shortages caused by pandemic. Notes will be completed weekly.	General Wellness	04/08/2020	Daily	S. Kern, LCSW M. Skelly, MT-BC	Deferred	06/01/2022	<input type="checkbox"/>
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Outcome:

Objective	Intervention	Services	Starting Date	Freq	Person(s) Responsible	Status	Rev/Res Date	RS
								<input type="checkbox"/>

Outcome:

Objective	Intervention	Services	Starting Date	Freq	Person(s) Responsible	Status	Rev/Res Date	RS
								<input type="checkbox"/>

Outcome:

Objective	Intervention	Services	Starting Date	Freq	Person(s) Responsible	Status	Rev/Res Date	RS
								<input type="checkbox"/>

Outcome:

Objective	Intervention	Services	Starting Date	Freq	Person(s) Responsible	Status	Rev/Res Date	RS
								<input type="checkbox"/>

Individual Treatment and Rehabilitation Plan
Patient Signature Sheet
Facility: St Louis Psychiatric Rehabilitation Center

AUTHORIZATION AND APPROVAL SIGNATURES:

I have reviewed my Individual Treatment and Rehabilitation Plan and have been given a copy of it.

Patient _____ Date _____ Time _____

Patient refused to sign

Parent/Guardian _____

Parent/Guardian _____

Case Manager _____

Physician _____

Other _____